



# SOCIAL MEDIA GUIDELINES

Updated: November 25<sup>th</sup>, 2023

Page 1 of 2

## **DEFINITIONS**

The following terms have these meanings in this Policy:

- a) “Athletes” means all players on NSVC volleyball teams.
- b) “Members” – All individuals employed by, or engaged in activities with, NSVC including, but not limited to, athletes, coaches, coordinators, judges, officials, volunteers, managers, administrators, committee members, Parents, directors, and officers of NSVC.
- c) “Parent” means the parent(s) or legal guardian(s) of the Athlete.
- d) “NSVC” means the Northern Summit Volleyball Club.

## **PURPOSE**

NSVC recognizes and supports its Members’ right to freedom of speech and expression including the use of social networks. In this context, however, each Member must remember that playing and competing for NSVC is a privilege, not a right. As a Member you represent NSVC and you are expected to portray yourself, your team, and NSVC in a positive manner at all times. Any online postings must therefore be consistent with NSVC policies, guidelines and Code of Conduct.

## **APPLICATION**

In the event that you intend on posting or commenting online:

1. We ask that you keep the following things in mind:
  - a. Everything you post is public information – any text or photo placed online is completely out of your control the moment it is placed online – even if you limit your access to your site.
  - b. Information (including photos, videos, comments, and posters) may be accessible even after you remove it.
  - c. What you post may affect your future. Many university school admissions officers, scouts, professional teams, national governing bodies, volunteer organizations and employers review social networking sites as part of their overall evaluation of a candidate or employee. Carefully consider how you want people to perceive you before you give them a chance to misinterpret your information (including photos, videos, comments, and posts).
2. We ask that you ask yourself these following questions before posting online:
  - a. Would I send this message or photo to my parents?
  - b. Would I send it to my coach or teachers?
  - c. Would I send it to my pastor, priest, religious leader or mentor?
  - d. Does this message or photo help me be a positive member of NSVC?



# SOCIAL MEDIA GUIDELINES

Updated: November 25<sup>th</sup>, 2023

Page 2 of 2

- e. If the image or message involves others, would they want the image posted?  
Would they post the message themselves? Be sure to get their approval!
- f. Does this message or photo breach any of the NSVC Policies or Guidelines?
- g. Am I willing to be expelled from NSVC and forfeit any refunds for breaching any NSVC policies and/or guidelines?