

NSVC Newsletter

November 22nd, 2025



Tyhee Lake Beach Volleyball Court Coming In 2026!







NSVC is very happy to share that funding has been secured for a new beach volleyball court at Tyhee Lake Park! Anticipated completion is for summer use 2026. This project is a step forward for growing the sport and expanding opportunities for athletes to enjoy volleyball in a beautiful outdoor setting. The project reflects collaboration between community partners, local supporters, and club volunteers who have been advocating for increased recreational spaces. We are incredibly excited about what this means for Northern Summit Volleyball and the wider community. More updates and acknowledgments will be shared as construction timelines are confirmed.



HAVE YOU REGISTERED!? Time is running out! Try out registration deadlines on our website!

https://nsvc.ca/

Club Governance Updates:

Volleyball BC required all clubs in 2026 to update and post policies that members need to be aware of. Recent changes to our Play Up Policy and Membership dedication policies can be found on our website and will directly affect all those who are interested in joining the club. Please have a look https://nsvc.ca/wp-content/uploads/2025/11/play-up-policy.pdf



Annual General Meeting was held on October 28^{th,} 2025. Thanks to all the members, parents, and coaches who took the time to attend and participate in the discussion about our



club's future! During the AGM, we reviewed last season's highlights, financials and committee reports. We also elected our 2025–26 Board of Directors(
https://nsvc.ca/about/) Discussions took place around many items including a couple of key challenges such as limited gym space availability and lack of interest in a fundraising coordinator. If you have any ideas regarding these key issues we are very open to suggestions.

18U Female Athletes

We continue to monitor tryout registration closely. While we remain optimistic, however, we want to be transparent with families about the realities facing this age group and the anticipated low numbers. It is important to note that this age category can accommodate two athletes born in 2007 as well as 2008 athletes.

Calling all Volunteers!

Our Board has been working hard to create a comprehensive Membership Dedication Strategy. This guideline will help our parents & athletes volunteer and contribute in a more organized and constructive way. Please visit our website.

Head Coaching Update -

While not all head coaching assignments have been finalized, we are very excited to announce the addition of **John Swanson** to our coaching staff this season! Along with returning head coaches **Jesse Butler**, **Kristina Stefanek**, **Lloyd Curley**, **and Eric Arpin**, as well as a strong group of enthusiastic assistant coach



applicants, we are in good shape in the coaching department.

VOLLEYBALL BC is a wonderful resource for information during the season! Sign up to their newsletter to stay informed Subscribe HERE



Surviving Tryout Season: Advice, Mindset & Resources for Volleyball Athletes

Tryout season can be one of the most exciting—and stressful—times of the year. Whether you're aiming for your first team or pushing for a competitive roster spot, the

pressure to perform can feel overwhelming. The good news: you're not alone, and there are tools to help you show up ready, resilient, and grounded.

To help you navigate tryouts with strength and perspective, our Mental Health Ambassadors—<u>Kyla Richey, Derek Thiessen, Shanice Marcelle</u> and <u>Akash Grewal</u>—shared their best advice on performing under pressure and coping with setbacks.

<u>Click here to read the article</u> **Surviving Tryout Season!**

WITH GRATITUDE A FINAL























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