



Northern Summit Volleyball Playing Time Policy

NSVC teams will compete and train at the highest appropriate developmental level possible, to ensure that the teams are continually being challenged and growing. NSVC and the coaching staff will determine the abilities and level of play for each team. During Volleyball BC, Volleyball Canada, Provincial and National events, NSVC will compete to place as high as possible.

APPLICATION OF THIS POLICY

Below are the guidelines NSVC coaches use to facilitate the distribution of playing time. Coaches will have final decision-making in all playing time situations. These are only guidelines. A few other factors may also contribute to playing time decisions, including but not limited to:

- Commitment Level. Athletes are expected to be committed to attending all practices and competitions. Athletes should demonstrate a strong work ethic, growth mindset, positive attitude, team cohesion, and coachability.
- Skill Development. All athletes develop at different paces and while most skill growth happens at practice, coaches shall attempt to match the skill level of the opponent when possible. All players should have a role in a team and contribute to the best of their abilities; however, coaches will make final decisions on court time.
- Communications. Athletes' commitment is paramount to the success of a team, but we do recognize the multi-sport athletes who may have priority conflicts. These conflicts need to be communicated early and often so we can make appropriate attempts to work with the Athlete and plan teams accordingly. This, however, does not mean we will be adjusting to fit other schedules. Gym time is valued and limited; the Athlete has committed to the team and must do their best to follow through on that commitment.
- Excessive absences will result in a loss of play time and team position regardless of the validity of reason for not attending. This includes, but is not limited to, removal from a competitive travel team position. All situations will be taken case by case, but accommodation will be at the sole discretion of the coach and team.



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12-14U AGE GROUPS

- Playing time will follow the Fair Play Rule developed by Volleyball Canada and Volleyball BC for the entire club season. This can be found in the VBC Club Handbook everyone is required to be familiar with at the start of the season. Links on our NSVC website.

15-18U AGE GROUPS

Playing time will look to follow the recommendations developed by Volleyball Canada and Volleyball BC around fair play during exhibition matches, and the round robin of all non-provincial ranking and seeding events. However, playing time during the playoffs at these events will be at the discretion of the coaching staff, and may not be equal. There are also situations where coaches will be exploring lineups, rotations etc. Coaches have final discretion regarding playing time choices and will manage the roster as they deem necessary.

- Playing time will be at the coach's discretion during all Volleyball BC Events, Provincial Ranking Tournaments, Provincial Championships and National Championships.

CONFLICT

In the event of a conflict between Athlete / Parent and coach we will ensure we observe the 24-hour rule. In the case of a tournament situation the 24-hour rule will commence at the conclusion of the tournament. **Under no circumstance will an Athlete or Parent approach a Coach during a game or at a tournament site to present a conflict seeking resolution.**

Steps to resolve the conflict will be as follows:

- The Athlete schedules a meeting time with the coach prior to or after the next practice to discuss the concerns.
- If the issue at hand cannot be resolved families and athletes can follow steps outlined in the dispute resolution policy.

Last Updated and approved by NSVC board of Directors: December 2025